



NOTICE OF CLINIC

The Naval Academy Advanced-Racing Clinic

The Science of Match & Team Racing

DATES: 7:00 pm 18 June - 3pm 21 June

LOCATION: **Robert Crown Sailing Center**
US Naval Academy, Annapolis, MD, 21403
Located on Chesapeake Bay between Washington DC and Baltimore MD.
Closest Airport: BWI (Baltimore-Washington) - 25 Miles

CLINIC DIRECTOR: **Team Racing Lead - Gavin O'Hare**
Varsity Intercollegiate Sailing Head Coach, US Naval Academy
2005 US Sailing Team Racing (Hinman Trophy) Chairman

PROFILE: The collegiate coaching staff combine their experience to deliver a mix of classroom discussion and on the water execution of match racing and team racing tactics and strategy. An emphasis will be placed on collegiate style boat handling and starting line execution. Students will be hosted on Naval Academy grounds, meet in the Robert Crown Sailing Center, and practice on the waters of the Severn River and/or Annapolis Harbor in Navy's fleets of collegiate dinghies and Colgate 26's.

Umpires will be running a coordinated clinic at the same time and will participate as on-the-water umpires during the training sessions.

COSTS: \$495 includes housing or \$395 for attendees not requiring accommodation.
Entry Fee includes: Boat and facility use, breakfast, lunch, dinner, and accommodation.

SCHEDULE: Arrive Sunday night for a 7:00 PM overview meeting/ pizza dinner.
Monday-Tuesday: Full Days with evening lecture series.
Wednesday: Morning and afternoon sessions concluding seminar at 3pm.

CONTACT: **Gavin O'Hare**
Robert Crown Sailing Center
US Naval Academy, Annapolis, MD, 21403
Tel: 410.293.5613
Fax: 410.293.5233
Email: ohare@usna.edu
Web: <http://www.usna.edu/SailingTeam/ic/clinic/clinic.html>